



## FOURTH ANNOUNCEMENT

### Medical Aspects in Handball - Preparation and the Game (SCIENTIFIC AND PRACTICAL APPROACHES)



BUCHAREST (ROMANIA), NOVEMBER 13-14, 2015

The European Handball Federation (EHF) & The Union of University Handball Teachers (UUHT)



kindly invite you to

the 3rd EHF Scientific Conference

“Medical Aspects in Handball -  
Preparation and the Game”  
(Scientific and Practical Approaches)



#### Conference News



The patronage of the 3<sup>rd</sup> EHF Scientific Conference will be taken by the ESSKA-the European Society for Sports Traumatology, Knee Surgery and Arthroscopy.

<http://www.esska.org/>

<http://esska-congress.org/>



The new deadline for registration is **11.09.2015!** The Participation Fee payment is the registration at the same time.

With reference to the conference basics (compare 1<sup>st</sup>- 3<sup>rd</sup> Announcement) we want to inform you on the current state of the conference preparations:

- 2 Keynotes have been adopted by the Preparatory Conference Committee
- 45 abstracts for article publication have been received
  - 23 for oral presentation\*
  - 11 for poster presentation
  - 11 for publication in the 3<sup>rd</sup> EHF Scientific Conference Book
- 1 Medical Minisymposium consisting of oral presentations by a group of sport physicians (including Mr. Lior Laver/ISR and Mr. Jesper Bencke/DEN and ESSKA experts) has been adopted by the Preparatory Conference Committee

\*The authors of the abstracts will be contacted individually by the Preparatory Conference Committee concerning oral presentations.

### **Conference Venue**

The Conference will be held at **Hotel Intercontinental in Bucharest/ROU on 13/14 November 2015.**

Hotel INTERCONTINENTAL Bucharest	4 Nicolae Balcescu Blvd., 010051, Bucharest 1 Tel.: +40 21 310 20 20 e-mail: <a href="mailto:bucharest.sales@ihg.com">bucharest.sales@ihg.com</a> Website: <a href="http://www.intercontinental.com/bucharest">www.intercontinental.com/bucharest</a>
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### **Accommodation**

The participants are free to choose accommodation in or around Bucharest in the vicinity of the Conference venue.

Please note that room reservations can also be made directly at the Hotel Intercontinental (= conference venue)!

### **Financial Conditions**

All participants bear the expenses for travel, accommodation and meals on their own. A dinner invitation for all participants is planned by EHF for 13th November.

### **Participation Fee**

The Participation Fee (also including the Conference Print Documentation of submitted articles) is subsidized by the EHF and amounts **EUR 50.-** The members of the Union of University Handball Teachers as well as EHF Lecturers do not have to pay any participation fee.

The Participation Fee of € 50.- contains

- Admission to plenary and parallel sessions
- Publishing selected abstracts/ articles
- Proceedings of the Conference
- Conference material (programme, conference print documentation)
- Certificate of participation
- Coffee or tea during the breaks

**Payments shall be made by 11.09.2015 to:**

EUROPEAN HANDBALL FEDERATION Hoffingergasse 18, A-1120 Vienna

Tel +43 1 80151 0 Fax +43 1 80151 149 [www.eurohandball.com](http://www.eurohandball.com) , [office@eurohandball.com](mailto:office@eurohandball.com)

**Bank Account: Bank Austria, bank code: 12000, account no: Nr. 00640 000 204**

**IBAN: AT46 1200 0006 4000 0204, BIC: BKAUATWW**

**DVR 0856371 ZVR 263489108 UID/VAT ATU 38516405**

**Guidelines for Abstracts, Presentations (oral or poster) and Articles → See Enclosure!**

**Key Dates of the Conference**

<b>Deadline for abstract submission</b>	<b>30.06.2015</b>
Deadline for registration	<b><u>11.09.2015</u></b>
Deadline for full text of article for monograph	<b>16.10.2015</b>
Days of Conference	<b>13.-14.11.2015</b>

The publication of an abstract/ article is included in the participation fee. If you are not able to attend the Conference, please, note that publishing one article will cost € 30, two articles € 40 and three articles € 50.

**Preliminary Programme (first draft):**

<b>CONFERENCE PROGRAMME</b>		
<b>FRIDAY, 13th November 2015</b>		
<b>11:30-13:15</b>	<b>Accreditation</b>	
<b>13:15-14:30</b>	<b>Conference Opening:</b> Welcome Notes by the EHF President Jean Brihault and MC Chairman Jerzy Elias	
<b>Keynotes (2x20min)</b> <i>Laver/ISR The importance and merits of scientific collaborations in the Handball world – It's a team sport!</i> <i>Sobrino European Network for the promotion of health, social inclusion and equality through sports in aquatic environments / EU-H2O with particular reference to Beach Handball</i>		
<b>14:30-15:00</b>	<b>Coffee Break</b>	
<b>15:00-17:30</b>	<b>ESSKA Medical Mini-Symposium on Handball Injuries, Prevention and Return to Sport (Romain Seil/LUX, Lior Laver/ISR) + Bencke</b>	
<b>17:30-17:45</b>	<b>Break</b>	
<b>ROOM 1 (Big) Performance</b>		
<b>17:45-18:00</b>	Michalsik DEN: Preparation and training elite handball	<b>17:45-18:00</b> Piontek
<b>18:00-18:15</b>	Ichimura JPN Clarification of attacking aspects	<b>18:00-18:15</b> Piontek
<b>18:15-18:30</b>	Hermassi TUN: Effect of in-season explosive strength.	<b>18:15-18:30</b> Prusinsky
<b>18:30-19:45</b>	Michalsik DEN Post exercise recovery techniques	<b>18:30-19:45</b> Hoffmann
<b>18:45-19:00</b>	van den Tillar NOR: ROM tests and throwing performance and kinematics	<b>18:45-19:00</b> Piontek
<b>19:00 -19:15</b>		<b>19:00 -19:15</b> Piontek
<b>20:00</b>	<b>Dinner</b>	

<b>SATURDAY, 14th November 2015</b>	
<b>ROOM 1 (Plenary) Shoulder injuries</b>	
08:45 - 09:00	Lubiatowski : Larger GH rotation deficits associated with shoulder pathology
09:00 - 09:15	Lubiatowski POL: Shoulder rotational profile and deficits in handball and non-athletes
09:15-09:30	Kaczmarek POL: Throwing sport improves Shoulder proprioception
09:30-09:45	Kaczmarek POL : Shoulder isokinetic muscle performance in male
09:45-10:00	Wagner AUT: tbd
10:00-10:15	Grygorowicz : Shoulder injury prevention in overhead athl – systematic review
<b>10:15-11:00</b>	<b>Coffee Break &amp; Posters</b>
	<b>Handball injuries: epidemiology, treatment and return to sport</b>
11:00-11:15	Grygorowicz POL: Sport Injury and Overuse Surveillance in Handball
11:15-11:30	Classon SWE: Rehab can wait – swedish handball continue playing
11:30-11:45	van Maanen-Coppens NED: Decrease of elbow pain in goalkeepers after training
11:45-12:00	Urhausen LUX: ACL clinical pathway
12:15 - 12:30	Hoffmann LUX : Return to sports group
<b>13:00-13:30</b>	<b>Final Discussion</b>
<b>13:30-14:00</b>	Closing & Awarding of Certificates

**Conference Secretariat**

European Handball Federation (EHF), Hoffingergasse 18, A- 1120 Vienna, Austria  
Helmut Höritsch (Tel: +43 1 801 51 155, Fax: +43 1 801 51 149)  
[hoeritsch@eurohandball.com](mailto:hoeritsch@eurohandball.com); <http://www.eurohandball.com>