



EUROPEAN HANDBALL
FEDERATION



1st National Beach Handball Education Course
10th EHF Beach Handball Coaches' Course *(level 2)*
31 October - 4 November 2018 in Catania / ITA (Sicily)



Host city - Catania, Italy

Sicily is a large, triangular shaped island located in the Mediterranean Sea. It is separated from the mainland of Italy by the Strait of Messina. The autonomous region of Sicily also includes the Aegadian Islands, the Aeolian Islands, Pantelleria, and Lampedusa.

Sicily has a long history that dates back to ancient times. Throughout it, Sicily has been influenced by a variety of different cultures, including Greek, Roman, Byzantine, Norman, Saracens and Spanish. As a result of these influences Sicily has a diverse culture as well as diverse architecture and cuisine. Sicily has a population of more than 5 million and the majority of the people on the island identify themselves as Sicilian.

Sicily and its surrounding islands are home to a number of active volcanoes. Mount Etna is a very active, and is the tallest active volcano in Europe. The islands surrounding Sicily are also home to a number of active and dormant volcanoes, including Mount Stromboli in the Aeolian Islands.

Sicily is also home to several UNESCO World Heritage Sites. These sites include the Archaeological Area of Agrigento, the Villa Romana del Casale, the Aeolian Islands, the Late Baroque Towns of the Val de Noto, and Syracuse and the Rocky Necropolis of Pantalica.

Catania is Sicily's second largest city. It's represented by three main characteristics: its charming architecture, magnificent coastline, and the one spectator who has observed Catania's centuries of changes, Mount Etna.

Catania lies in a delightful geographical position between the Ionian Sea and the slopes of Mount Etna. Sicily's second city has always had a close relationship with the volcano. Subjected to Mount Etna's temperament, much of Catania's history is linked to its volcanic neighbour. The city was built by natural and geophysical elements, and most of the city's buildings are made from Etna's black lava. The city was repeatedly destroyed over the centuries by eruptions and earthquakes. But the people of Catania bounced back, creating an even better city, rebuilding in the Baroque style. Catania contains some of the most imaginative lava-built Baroque buildings in Sicily.

Catania is a city, both fascinating and full of surprises, for visitors who will never forget their time spent in the city. With one of the richest repositories of Baroque architecture in Europe, Catania has art treasures, church museums, and Roman ruins, well worth seeking out. The city also offers excellent year-round sporting facilities from skiing on Etna to numerous nautical activities.

Catania's excellent geographical location allows visitors easy access to the main tourist resorts on the island such as Taormina, Mount Etna, and Syracuse. It is also well connected to the archaeological sites of Agrigento, Piazza Armerina, as well as Acireale and Noto, locations full of outstanding Baroque architecture.

Directly on the "Playa" beach the "Domusbet Arena Beach Stadium", which is set up every year in summer, will be used as the event area for the Champions Cup.





EHF Beach Handball Commission

The EHF Beach Handball Commission (BC) regards itself as an initiator of projects in order to develop beach handball as an independent sport discipline within the European Handball family. One of the main targets of the BC is the education of facilitators. Combined educational courses for referees, delegates and coaches have been organised since 1999.

History

EHF-Course no.1 for EHF Beach Handball Referee Candidates in Göynük, Kemer, Antalya / TUR from 19 - 23 June 1999

EHF-Course no.2 for EHF Beach Handball Referee Candidates
1st EHF Beach Handball Delegates' Course in Yuzhny / UKR from 23 - 27 May 2001

EHF-Course no.3 for EHF Beach Handball Referee Candidates
2nd EHF Beach Handball Delegates' Course in Alanya / TUR from 25 - 29 May 2003

EHF Course No.4 for EHF Beach Handball Referee Candidates
3rd Beach Handball Delegates' Course
1st Beach Handball Coaches' Course in Balatonboglár / HUN from 18 - 21 August 2005

EHF Course No.5 for EHF Beach Handball Referee Candidates
4th Beach Handball Delegates' Course
2nd Beach Handball Coaches' Course in Misano Adriatico / ITA from 3 - 6 July 2008

EHF Course No.6 for EHF Beach Handball Referee Candidates
5th Beach Handball Delegates' Course
3rd Beach Handball Coaches' Course in Meliti (Issos) / GRE from 28 - 31 May 2009

EHF Course No.7 for EHF Beach Handball Referee Candidates
6th Beach Handball Delegates' Course
4th Beach Handball Coaches' Course in Espinho / POR from 3 - 6 June 2011

1st Further Education Course for Beach Handball Referees in Fuengirola / ESP from 2 - 5 June 2011

EHF Course No.8 for EHF Beach Handball Referee Candidates
7th Beach Handball Delegates' Course
5th Beach Handball Coaches' Course in Lagoa / POR from 31 May - 3 June 2012

2nd Further Education Course for Beach Handball Referees
1st Further Education Course for Beach Handball Delegates in Umag / CRO from 30 May - 2 June 2013

EHF Course No. 9 for EHF Beach Handball Referee Candidates
8th Beach Handball Delegates' Course
6th Beach Handball Coaches' Course in Thessaloniki / GRE from 28 May - 1 June 2014

3rd Further Education Course for Beach Handball Referees
2nd Further Education Course for Beach Handball Delegates 20 - 24 May 2015 in Budaörs / HUN

EHF Course No. 10 for EHF Beach Handball Referee Candidates
9th Beach Handball Delegates' Course
7th Beach Handball Coaches' Course in Thessaloniki / GRE from 18 - 22 May 2016

EHF Course No. 11 for EHF Beach Handball Referee Candidates
10th Beach Handball Delegates' Course
8th Beach Handball Coaches' Course in Gran Canaria / ESP from 1 - 6 November 2016

4th Further Education Course for Beach Handball Referees
3rd Further Education Course for Beach Handball Delegates 24 - 28 May 2017 in Gaeta / ITA

EHF Course No. 12 for EHF Beach Handball Referee Candidates
11th Beach Handball Delegates' Course in Gran Canaria / ESP from 24 - 29 October 2017

EHF Course No. 13 for EHF Beach Handball Referee Candidates
12th Beach Handball Delegates' Course
9th Beach Handball Coaches' Course in Stare Jablonki / POL from 29 May - 03 June 2018

In October / November this year another coaches course series is planned to take place in Catania, Italia. A top beach handball tournament - the Champions Cup - will offer the best conditions for the practical sessions. We are looking forward to seeing potential candidates in the courses in Catania.

EHF Beach Handball Commission

Ole Jorstad / NOR / BC Chairman

Marco Trespidi / ITA / BC Member (Events & Competition)

Ivan Sabovik / SVK / BC Member (Officiating)

Juan Carlos Zapardiel / ESP / BC Member (Game design and Coaching)

George Bebetos / GRE / BC Member (Development & Promotion)

Jelena Rakonjac / SRB / Member



Contact Information

ORGANISER

European Handball Federation

Contact: Peter Fröschl

Hoffingergasse 18
1120 Vienna
Austria

phone: +43 1 80 151 151
email: froeschl@eurohandball.com

COORGANISER

ITALIAN HANDBALL FEDERATION (FIGH)

Contact: Valentina Bernardi

phone: +39 06 87975917

email: segreteriapresidente@figh.it

web: www.cataniachampionscup.com

Responsible for

- participant's registration
- participant's confirmation
- carrying out of the courses
- presentations
- tests
- certificates

Responsible for

- transfer (*travel plan will be submitted*)
- accommodation
- course facilities
- payments

COURSE HOTEL (for all candidates)

Catania International Airport Hotel

www.cataniainternationalairporthotel.com

Arrival date: 31 October 2018

Departure date: 5 November 2018

Registration deadline: 20 September 2018

Sport Event



EHF
Beach Handball
CHAMPIONS CUP
Catania

EHF Beach Handball Champions Cup 2018
1 – 4 November 2018 in Catania / ITA



Course Basics

Number of participants	National BH Coaches' Course – unlimited EHF BH Coaches' Course level 2 – 20 participants (entries follow a “first come first served” basis)
Course language	English
Entry criteria	National BH Coaches' Course: beach handball experience / involvement in national beach handball activities EHF BH Coaches' Course level 2: participation in an EHF BH Coaches' Course level 1
Course fee	€300 for the participants of the EHF BH Coaches' Course level 2 (will be borne by the EHF; in case of late withdrawal the course fee has to be paid – see registration form). No course fee for the participants of the National BH Coaches' Course
Travel	All participants have to organise the travel and to pay the travel expenses themselves
Transfer	Will be organised by the organiser; participants have to bear the transfer costs by themselves - (taxi recommended – 3.5 km)
Accommodation	Catania International Airport Hotel Single room €105 www.cataniainternationalairporthotel.com
Payment	To be jointly agreed with the ITA organiser.
Course follow-up	Course documentation Certificate on successful attendance + information to the respective National Federation

Presenters



Eskil Berg Andreassen
NOR
EHF Lecturer



Tamas Neukum
HUN
EHF Lecturer





National BH Coaches' Course

Contents structure

1. Philosophy and structure of the game (theoretical)
2. History (theoretical)
3. Rules of the game (theoretical)
4. Basic individual skills (theoretical and practical)
5. Basic team skills (theoretical and practical)
6. Offensive and defensive structure (theoretical and practical)
7. Offensive and defensive systems analysis (theoretical and practical)
8. Basics of beach handball training systems (theoretical and practical)
9. Beach handball mental abilities (theoretical)
10. Examinations



BEACH HANDBALL
EBT FINALS
POLAND 2018
STAJA JABLONKI

EHF BH Coaches' Course level 2

Contents structure

1. Rules of the game
2. Expert individual skills (theoretical and practical)
3. Expert team skills (theoretical and practical)
4. Goalkeeping (theoretical and practical)
5. Conditioning (theoretical and practical)
6. Coaching (theoretical and practical)
7. Scouting (theoretical)
8. High level beach handball mental abilities (theoretical)
9. Examinations

